MMed and DCH Lectures

Common Paediatric Problems

July 26, 2021

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7-year-old boy with vomiting

- Previously well
- 3 days of vomiting and abdominal pain
- Constant pain in epigastric region
- Vomiting initially clear then brown / bilious vomits
- Bowels not opened for 3 days
- Decreased oral intake
- On examination, distended, tender abdomen, no bowel sounds, sunken eyes, poor urine output

Differential diagnosis

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- Gastroenteritis
- Perforated appendicitis
- Malrotation with volvulus
- Intussusception
- Pigbel



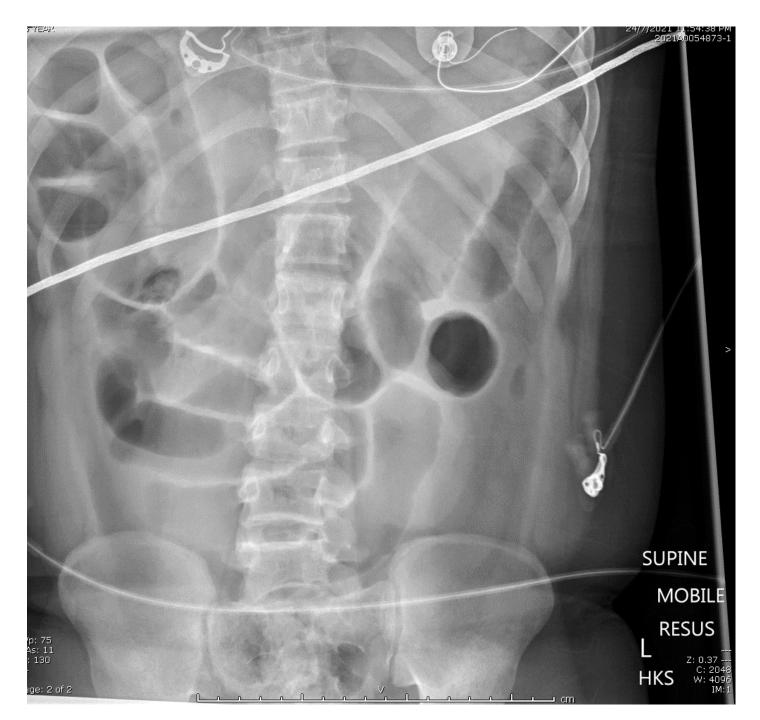
- IV fluid rehydration
- Surgery
 - Infarcted small bowel last 190cm of ileum
 - Small bowel malrotation
 - Caecum and large bowel viable
 - Resection of dead gut and ileostomy (still 150cm of small bowel)
- Antibiotics: amoxycillin, gentamycin, metronidazole
- Parenteral nutrition

16-year-old boy with cerebral palsy and vomiting

- Boy lives at home with parents
- Non-verbal, but communicates in other ways
- Vomiting bilious fluid 2 days

Centrally placed dilated loops of small bowel proximal to the obstruction.

3 or more instances of dilatation >2.5cm



"Valvulae conniventes"mucosal folds of small bowel



If looking for a bowel obstruction always take supine and erect / lateral decubitus film.

Multiple air-fluid levels

Full blood count

- Haemoglobin: 15.7 g/dL
- MCV: 89
- RDW: 14.2
- Platelets: 617
- White Cell Count: 39.2 (x 10⁹)
- Neutrophils: 25.09
- Lymphocytes: 3.14
- Monocytes: 7.45
- Bands: 3.14
- Myelocytes: 0.39

- Sodium: 149 (135-145)
- Potassium: 5.4 (3.5-5.5)
- Chloride: 119 (98-110)
- Bicarbonate: 15 (22-30)
- Urea: 20.3 (2-6)
- Creatinine: 172 (50-110)
- Lactate 5 (<2)

Treatment

- Antibiotics amoxycillin, gentamicin, metronidazole
- Laparotomy torsion of meckels diverticulum with small bowel obstruction
- Repaired, recovering



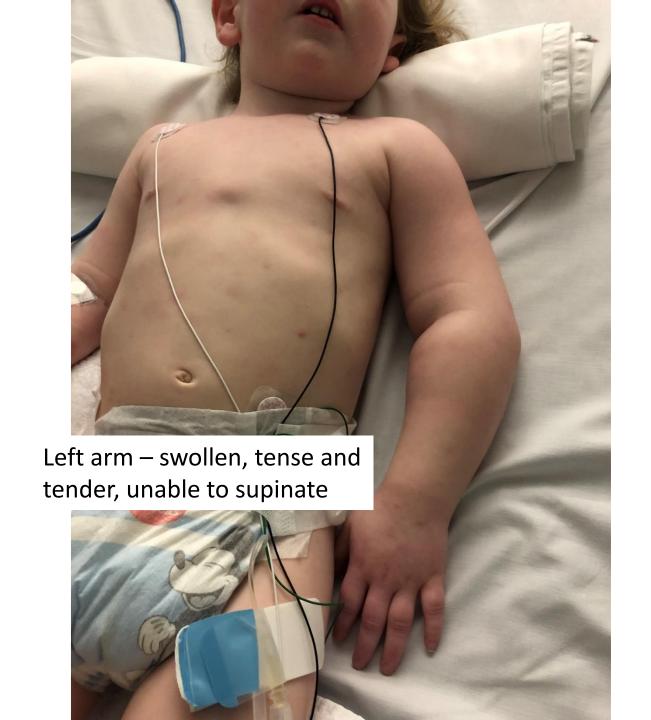
"Haustra" from large bowel obstruction Peripheral not central

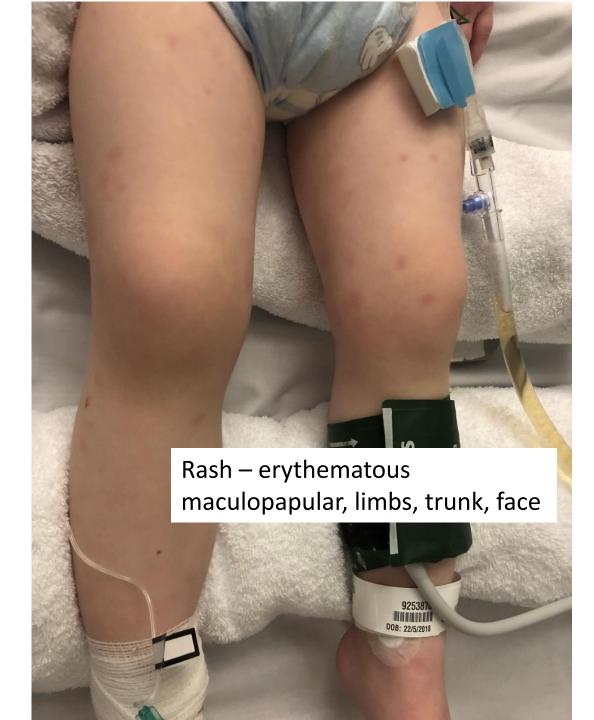
2-year-old boy with fever, tachypnoea, arm swelling

- Minor burn on fingers of right hand 2 weeks before
- 2 days fever, red cheeks, reduced activity
- 1 day left arm swelling ++ and painful left hip
- Rash











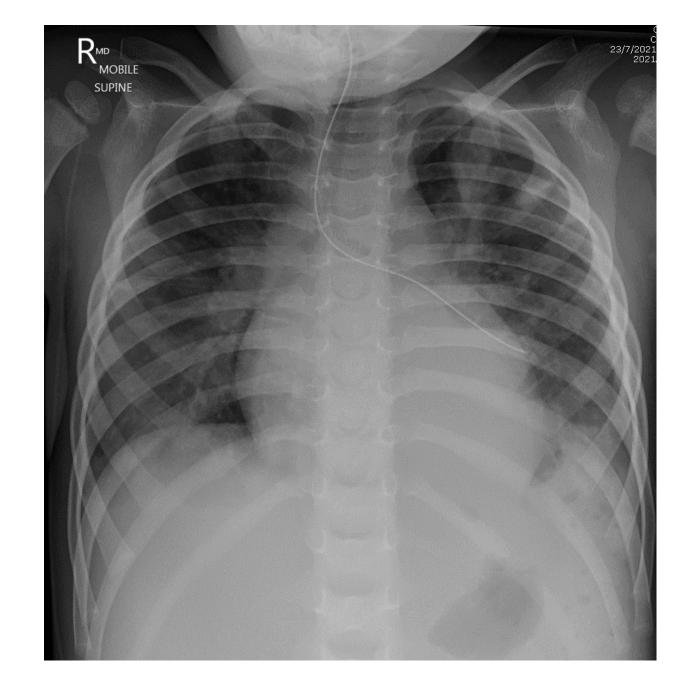


Full blood examination

Haemoglobin	10.4 d/dL	White Cell Count	1.6 (6-17 x 10 ⁹)
MCV	76	Neutrophils	0.69
RDW	13.5	Lymphocytes	0.34
Platelets	132	Monocytes	0.05
		Bands	0.46
		Metamyelocytes	0.03
		Myelocytes	0.02
		I/T Ratio	0.43

Electrolytes and blood gas

- pH: 7.28
- pCO₂: 46
- pO_2 : 46
- Bicarbonate: 23
- Base Excess: -4
- S_VO_2 : 77.4
- Sodium: 123 mmol/L
- Potassium: 2.9
- Chloride: 102
- Glucose: 5.3
- Lactate: 5.0





- Fever and maculopapular rash
- Hyponatraemia
- Neutropenia
- Swollen, tense arm
- 2 weeks following a minor skin burn

= Staph sepsis with septic arthritis, venous thrombosis

Questions

- Gram positive cocci in blood cultures
 - Staph aureus or Group A strep?
- Does the arm need surgical washout?
- Is it MSSA or MRSA?
 - MSSA: flucloxacillin
 - MRSA: vancomycin, rifampicin, linezolid, clindamycin
- Venous thrombosis on ultrasound heparin

Lessons from the week

- Profuse vomiting without diarrhoea is almost never "gastro"
- Know the signs (clinical and x-ray) and causes of small bowel obstruction in children
- Supine and erect x-ray
- If Staph aureus is in one place, look everywhere: bones, joints, lungs, pericardium, heart valves, meninges, blood vessels (thromboses)
- If Staph infection is not getting better
 - Inadequate source control
 - MRSA